

**TREVIGLAS COMMUNITY COLLEGE****POLICY STATEMENT: SEX AND RELATIONSHIPS EDUCATION**

**The aim of sex and relationships education is to develop self respect as well as respect for others. To guide students in their knowledge and understanding in the context of relationships and towards developing their ability to make informed choices and take responsibility for themselves.**

The programme is not a discrete part of the curriculum but is taught in sessions within the National Curriculum framework. An essential element of the physical aspects of reproduction is included in science sessions.

Sessions promote understanding that positive, caring environments are essential for the development of a good self image and that individuals are responsible for their own lives. The nature of sexuality and relationships is provided at all times within the context of moral considerations and the value of family life. All issues are dealt with in a sensitive way.

The approach to sex and relationships education is through a planned, progressive programme of study for Years 7 – 11, which provides relevance and continuity, taking into account the age and ability of the students.

The college also makes use of outside agencies where appropriate, such as the health promotion team, college health advisor, etc. This takes place both in a formal delivery of the curriculum and by providing the opportunity for informal health counselling sessions.

The college participates in the C-Card programme which is a scheme to improve young people's sexual and reproductive health and reduce under 18 contraception rates as well as sexually transmitted infections.

The governors acknowledge the right of parents to withdraw their child from all or part of the sex and relationships education programme except where it forms part of the National Curriculum.

The college intends to liaise with parents whenever necessary and to keep parents informed of any significant changes in the college's approach to sex and relationships education.